



# 69th Burstall Flower Show, Fete & Fun Dog Show

To be held in The Village Hall IP8 3DR  
and adjoining meadow

**SATURDAY 3rd AUGUST 2024**  
**from Noon**

---

---

Show President: Mr. Nicholas Fiske

*Schedules available from:*

The Phone Box, The Street, Burstall or view at  
<https://burstall.suffolk.cloud/summer-show/>

*Flower Show Entries to:*

Post Box in Clock Tower in Village Hall Grounds IP8 3DR  
or enter online using <https://burstall.suffolk.cloud/summer-show/>

*Enquiries to:*

Ann Day 01473 652619

### How to enter:-

1. To enter the **Potato and Plant Challenges**, (Classes 15 and 26) collect seed potato and/or nasturtium seeds from the Village Hall between 10.30am and noon on **Saturday 23rd March**. There will be a charge of £1 for each item but no show entry fee.
2. Prior to the show select the classes you wish to enter and fill in the attached form (inside back cover) or print from the Burstall website. There is a charge of 30p for each exhibit entered except for the Children's Classes (Divisions 8, 9 & 10) and the Growing Challenges, which are free.
3. Deliver the form plus entry fee cash or cheque to the Post Box in the Clock Tower at the Village Hall IP8 3DR by **5pm on the Wednesday before the show**. Cheques to be made payable to Burstall Village Club, no cheques under £5 please.  
BACS entry fee to: Burstall Village Club: Account number 02632374: Sort code 30-94-55.  
Please put *Flower Show* in the reference.  
Alternatively enter by using the online entry form which is to be found at <https://burstall.suffolk.cloud>, follow the link to Summer Show and Online Entry Form
4. ***Late entries, ie those not made by the Wednesday before the show, will be charged at a rate of 50p each on show day.***
5. **On the day of the show bring your entries to the marquee between 8 and 10am.** (Judging begins at 10.30am and everybody must have left the marquee by then).
6. On arrival at the marquee collect your exhibitors' cards and place your entries in the appropriate area with the card under the entry. (Please ask if you need help).
7. The marquee will be open to visitors from 1 pm until 4.30pm. Please remove your entries after this time. If you wish to donate to the show's sales table, please make it known by using the stickers supplied.
8. Trophies will be presented at approx. 4.45pm. Prize money may be collected from the show treasurer in the marquee from 4.15pm. Monies not collected on show day will be returned to the show funds.

### Show Rules:-

- Produce judging is according to the Royal Horticultural Society Rules, baking and handicraft according to the WI On With the Show and the decisions of the judges are final. Any person using any means to deceive the judges will forfeit all prizes and be debarred from entering future shows.
- **Flower and vegetable entries must have been grown by the exhibitor for at least two months prior to the show**, although flowers may be purchased for the flower arranging classes (Division 4).
- Handicraft items must have been made by the exhibitor and must not have been entered previously.
- All baked items should be on paper plates, in a clear plastic bag (no cling film please).
- Preserves must be in non-commercial jars and have new lids.
- Only one entry per person in each class is allowed.

*The Burstall Horticultural Society, the Cranfield Memorial Trust, the Burstall Village Hall, Fiske Lands Trust and Fiske Farms, their officers and employees will not be responsible for or accountable to any person whatsoever for any damage or loss to the property of any person whatsoever or for any accident or injury, fatal or otherwise or any damage or loss that may occur to any person or animal or vehicle whilst upon the showground or car parks or whilst entering or leaving the same. Acceptance of the foregoing provisions shall be a condition of entry.*

**Only assistance dogs are allowed in the marquee**

*Proceeds to Village Hall funds*

*Burstall Village Hall is a Registered Charity Reg. No. 304722*

## 2023 Winners

<b>Division 1:</b> Vegetables	Challenge Cup – Highest Points	Hugh Richards
	Challenge Shield – Highest Pts. Burstall	Zoe Sharman
	Challenge Shield – Best Exhibit	John Minns
<b>Division 2:</b> Flowers	Tankard -Highest points	Hugh Richards
	Challenge Shield - Best Exhibit	Hugh Richards
<b>Division 3:</b>	Green Fingers Trophy	Aimee Howlett Mitchell Vanessa Maggs
<b>Division 4:</b> Flower Arranging	Clayton Rose Bowl – Highest Pts.	Rhona Jermyn
	Gill Gooderham Shield – Best Exhibit	Rhona Jermyn
<b>Division 5:</b> Preserves	Sago Family Cup – Highest Pts	Sue Jarrod
<b>Division 6:</b> Cookery	Challenge Cup – Highest Points	Jane Sago
	Challenge Cup – Highest Pts, Burstall	Shona Evans
<b>Division 7:</b> Handicraft	Anna Cooper Plate –Highest Points	Tanya Holland
	Janet Branton Memorial Shield - Best Exhibit	Lesley Raby
<b>Division 8:</b> under 5 Years	Cup -Highest Points	Stanley Howlett Mitchell Evelyn Blackwell
<b>Divisions 9:</b> 5 to 10 Years	Cup - Highest Points	Imogen Sparrow
<b>Division 10:</b> 10 to 15 Years	Cup - Highest Points	Amelia Lakeman
<b>Divisions 8, 9, 10,</b>	Shield - Best Exhibit	Ella Evans

**The Tony Burchnall Shield** for the Best Vehicle was won by N&K Tucker

**The Great Burstall Bake Off** was won by Ann Burchnall

**All Classes Prize Money:** First: 60p  
Second: 40p  
Third: 20p

**Monies not collected on show day will be returned to funds**

### **Division 1: Vegetables**

1. 3 Runner Beans
2. 3 French Beans
3. 3 Carrots with tops trimmed to 75mm/3 in approx.
4. 3 Potatoes same variety
5. 3 Onions with tops trimmed and tied
6. 3 Spring Onions with roots washed and foliage intact.
7. 3 Beetroot (tops trimmed 75mm/3" approx)
8. 1 Lettuce (any type)
9. 1 Cabbage (pointed or round)
10. 3 Courgettes (50mm/6" approx)
11. 3 Tomatoes
12. 1 Cucumber
13. Dish/Plate of 10 Soft Fruit (ie Blackberry, Raspberry, Gooseberry or Strawberry)
14. 3 Sticks Rhubarb with foliage trimmed to 75mm/3" approx.
15. Potato Challenge! Grow the seed potato supplied in a pot or container no larger than 40cm and bring to the show for weighing - please see additional note

### **Division 2: Flowers**

16. 3 Stems of an Annual (all the same)
17. 3 Stems of a Perennial (all the same)
18. Vase of Mixed Garden Flowers (no more than 10 stems)
19. 3 stems of Asters
20. 1 vase of Sweet Peas (6 stems) foliage may be included for effect
21. 1 Specimen Rose bloom
22. A bunch of Lavender
23. 1 Pot-grown flowering plant in bloom
24. 1 bowl of Floating Flower Heads
25. Collection of Herbs in a jam jar
26. Grow a pot of Nasturtium from the seed supplied (see additional note) and bring for judging on show day.

### **Division 3: Green Fingers**

Open to all.

27. A Wind Chime made from recycled materials
28. A Bunch of Garden Flowers in Bloom from your own garden. The winner to be the bunch with the largest number of flowers from different plants.
29. A Painted Terracotta Flower Pot created at a craft course prior to the show. The course will be advertised on the Burstall's Facebook page 'Burstall Noticeboard' and WhatsApp.
30. A Bug House made from repurposed natural materials.

### **Division 4: Flower Arranging**

(please check measurements and remember that only perfect foliage should be used)

31. Peace' (accessories can be used) to fit within a 600mm square base
32. A Posy of Garden Flowers to fit within a 300mm square presented in a jam jar.
33. An Arrangement of Hedgerow Material
34. An Arrangement of 3 Flowers and Foliage (max 600mm square)
35. An Arrangement of Foliage only (max 500mm square)
36. A Table Decoration in a Beer Bottle.

### **Division 5: Homemade Preserves**

(Must be in non-commercial jars with new lids and the date made on the label)

37. Jar of Soft Fruit Jam
38. Jar of Stone Fruit Jam
39. Jar of Marmalade
40. Jar of Fruit Jelly
41. Jar of Chutney (no cellophane cover)
42. 1 Bottle of Homemade Fruit or Herb Vinegar

**Division 6: Cookery** (Entries to be on a paper plates in plastic bags – no cling film please)

43. Burstall Boiled Fruit Cake **from recipe supplied**
44. 6 Cheese Straws
45. 6 Wholemeal Flour Bread Rolls
46. 6 Suffolk Rusks
47. 6 pieces Bakewell Tray Bake **from recipe supplied**
48. A Shortbread round
49. 3 Pitta Breads **from recipe supplied.**
50. 6 pieces of honeycomb **from recipe supplied**
51. 6 Fruit Scones
52. 6 pieces Chocolate Brownie
53. 6 Melting Moments

### **54. The Great Burstall Bake Off**

A traditional Jam filled Victoria Sandwich to be judged by public choice.

### **Division 7: Handicrafts**

55. Knit or Crochet a Cot Blanket 24in sq. approx. To be donated to the Project Linus UK Charity. **Information attached**
56. A Patchwork Quilt for a Teenager 42in sq approx. To be donated to the Project Linus UK charity. **Information attached**
57. A Photograph of a Baby that Makes you Smile (max size 180mm x 130mm)
58. A Paper Flower ( Ideas at [pinterest.co.uk/best0392/handicraft-flower](https://pinterest.co.uk/best0392/handicraft-flower) )
59. A Book Mark any medium
60. A Greetings Card
61. Friendship Bracelet any medium
62. Something new from Something Old
63. A Painted Stone (Ideas at [pinterest.co.uk/sharonperryart/paintedpebbles](https://pinterest.co.uk/sharonperryart/paintedpebbles))
64. Any Item of Craftwork not in the Schedule

### **Division 8: Children under 5.**

Please state age on entry form. Entrants may have some adult help.

65. Finger Print Pattern
66. A Threaded Necklace on a String, Cord or Ribbon
67. A Decorated Digestive Biscuit

### **Division 9: Children aged 5-9.**

Please state age on entry form. **MUST BE CHILD'S OWN WORK.**

68. A Paper Plane Judged on How Far it will Fly
69. A Photograph of a Pet to make you smile(max size 180mm x 130mm)
70. A Collage Self Portrait made from Magazine Cuttings ( Ref: How to make a collage portrait on You Tube)
71. Birthday Card for a Friend
72. Lego Model with a Moving Part
73. A Decorated Stone (Ideas at [pinterest.co.uk/sharonperryart/paintedpebbles](https://www.pinterest.co.uk/sharonperryart/paintedpebbles))
74. Decorate a Jam Jar and fill it with Garden Flowers
75. 4 pieces of Chocolate Fudge cake **From Recipe supplied**
76. 4 Biscuits cut out with your favourite cutter
77. 4 Savoury Twists made with bought Puff Pastry

### **Division 10: Children aged 10-15.**

Please state age on entry form. **MUST BE YOUNG PERSON'S OWN WORK**

78. Create a Living Garden in an Egg Box (Ideas at [countryfile.com/how-to-make](https://www.countryfile.com/how-to-make))
79. Friendship Bracelet in any medium
80. A Computer Generated Invitation to your Prom
81. A Pencil Drawing of a Trainer Shoe
82. A 'Dramatic Weather' Photograph (max size 180mm x 130mm)
83. Any Item of Craftwork you enjoy
84. Make a Prom Corsage, Buttonhole or Bracelet with Garden Flowers
85. 2 Pitta Breads **From recipe supplied**
86. 6 pieces of Chocolate Fudge (Google 'Easy Chocolate Fudge Recipes')
87. 4 pieces Flapjack

#### **Recipe for Division 6: Cookery - Class 43**

##### **Burstall's Boiled Fruit Cake**

This is a great favourite with villagers, served with coffee in church on Sunday, at village hall coffee mornings and there is bound to be one to buy at any village fund raising event.

100g light brown sugar  
300ml water  
75g butter or margarine  
275g mixed dried fruit  
2 teaspoons cinnamon  
1 teaspn bicarbonate of soda blended with 2 teas water  
1 egg  
100g plain flour  
100g self raising flour  
Line 2x1lb loaf tins

- Combine sugar, butter, fruit and water together in a saucepan, bring to the boil and simmer for 3 mins.
- Cool before stirring in other ingredients
- Cook 180C, 160Fan Gas 4 for 50 to 55 mins

**There will be a cake to enter and one for the freezer**

## **Recipe for Division 6: Cookery – Class 47**

### **Bakewell Slice**

#### **Pastry:**

175g plain flour  
75g butter or margarine  
2 to 3 tbsp cold water

#### **Filling:**

100g butter or margarine  
100g castor sugar  
100g ground rice or semolina  
1 egg  
2 tbsp jam  
½ tsp almond essence  
Handful of flaked almonds

- Make pastry, roll out and line an 8x10in tin.
- Prick pastry case and spread with jam
- Make filling by melting the butter and whisking in the sugar, semolina or ground rice, egg and essence.
- Place the filling in the pastry case and spread evenly. Finish with the flaked almonds.
- Bake 200C, 180Fan, Gas 6 for about 30mins.
- When cold cut into 16 pieces

## **Recipe Division 6 Cookery - Class 49 and Division 10, 10 to 15 years - Class 85**

### **Pitta Bread**

2 teas dried yeast  
500g strong white flour  
2 teaspoon salt  
1tabsp olive oil.

- Make up the dough with 300ml of warm water
- Knead for 5 to 10 min and leave until double in size
- Heat the oven to 250C 230Fan 9 Gas and place a baking tray in the oven to heat up.
- Divide the dough into 8 balls and roll each ball out to an oval 20cmx15cm and 3 to 5cm thick.
- Dust the hot tray with flour and cook the pittas in batches for 4 to 5 mins until golden and puffed.

## **Recipe Division 6 Cookery - Class 50**

### **Honey comb**

200g castor sugar  
5 tablespoons golden syrup  
2 teaspoon bicarbonate of soda

- Butter a 20 cm square tin.
- Combine the castor and golden syrup in a deep saucepan
- Heat gentle until the sugar is dissolved
- Turn up the heat and simmer to an amber colour
- Turn off the heat and add the bicarbonate of soda and beat with a wooden spoon until it disappears
- Scrap into the tin and leave for at least 90mins until hard and ready to break



### **Recipe Division 9 Children 5-9 years**

#### **- Class 75 Chocolate Fudge cake**

##### **Cake:**

225g digestive biscuits  
2 dessertspoons cocoa  
125g margarine  
2 tablespoons golden syrup

##### **Icing:**

25g margarine  
2 dessertspoons cocoa  
2 tablespoons icing sugar.

##### **Cake:**

- Line a 18 x 28cm tin with baking paper.
- Crumble the biscuits in a blender or crush with a rolling pin
- Stir in the cocoa
- Melt the margarine and syrup then add the biscuits.
- Press into the prepared tin.

##### **Icing:**

- Melt margarine and syrup together
- Stir in the cocoa and icing sugar.
- Beat well
- Pour over the cooled cake and refrigerate to set.
- When set cut into squares.

### **Further Information for Division 7 Handicraft – Classes : 55 and 56**

The blankets and quilts will be donated to the Suffolk Group of the Project Linus UK charity '... to provide comfort and security for babies, children and teenagers who are sick, disabled, distressed or disadvantaged.' More information at [www.projectlinusuk.org.uk](http://www.projectlinusuk.org.uk)

**Class: 55 Knit a Cot blanket** approximately 24 ins. square blanket. Must be washable and not have any embellishments

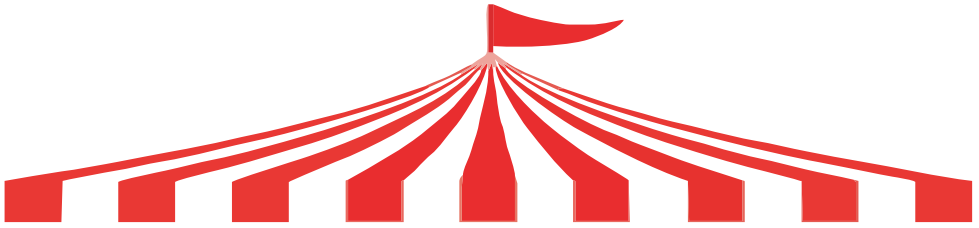
**Class: 56 Create a patchwork quilt** approx. 42ins square for a teenager 'in need of a big hug'. Design to appeal to a teenager and must be washable.

**AT THE BURSTALL SHOW** there is something for everybody - activities for the children, craft stalls, side shows, live music and lots of food options

**Free Parking and Free entry.**

Bring your dog and enter **THE FUN DOG SHOW** it is very popular so make sure you register by 2.30pm!

The much appreciated **BEER AND PROSECCO TENT** will be open from noon into the early evening with live music continuing after the show closes.



# 69th Burstall Flower Show

Saturday 3rd August, 12 o'clock onwards

## Programme of Events

- 8 - 10am Exhibits to be staged in the Marquee
- 10.30am Judging commences
- From 12noon Refreshments: Barbecue on the Green  
Beer Tent on the Meadow open into the evening  
Tea and Cake in the Village Hall
- 1pm Marquee opens (Only assistance dogs are allowed in the marquee)
- From 1.30pm Registration for dog show opens
- 2pm Side Shows open  
Enjoy live entertainment continuing after the show closes  
Ice Creams available from the Pavilion
- 3pm Fun dog show begins
- 4.45pm approx. Presentation of Cups and side show prizes.  
Grand draw.
- Donations from exhibitors will be available to purchase from a sales table. Money raised for village hall funds.



**ENTRY FORM - one entrant per form please, form may be photocopied (Enter number of Class only)**

DIV 1	DIV 2	DIV 3	DIV 4	DIV 5	DIV 6	DIV 7	DIV 8	DIV 9	DIV 10

**Name** .....

**Address** .....

..... **Postcode** .....

**Telephone Number** ..... **Email** .....

**Remittance £** .....

*30p per entry. No charge for Divisions 8,9 and 10 and Challenge Classes 15 and 26*  
*Please tick if you have paid by BACS*

Paper Entry Forms can be delivered with cash or cheque made payable to Burstall Village Club (no cheques under £5 please) to the post box in the clock tower by Wednesday 2nd August. **Alternatively** fill in the form online at burstall.suffolk.cloud and pay by BACS. BACS money to: Burstall Village Club; Account number 02632374; Sort code 30-94-55. Please put Flower Show in the reference. Please tick if paid by BACS

# Peter Gerber

eyecare optometrists



**Are you looking for .....**

**Comprehensive eyecare**

**Individual frame styling**

**Enhanced eye examinations**

**Then come and see the team at:**

**341 Norwich Road  
Ipswich  
IP1 4HA**

**We have a wide range of frames including  
Oliver Peoples, Rayban, William Morris and  
Silhouette to name a few.**

**Please call 01473 240400 now  
to book an appointment.**

**Mon - Fir: 9.00am till 5.00pm Sat: 9.00am till 2.00pm  
We have free car parking on site and disabled access.**

**[www.eyecareopticians.co.uk](http://www.eyecareopticians.co.uk)**